

Welcome

Dear Parents/Caregivers,

We are Hopkinton SEPAC and we welcome you to Hopkinton and our schools!

~Marathon, Elmwood, Hopkins, the Middle and High Schools~

We know how disorienting it can be to experience unexpected (and even expected) change. We want you to know that we are here to support you as you transition into and journey through the Hopkinton educational system.

SEPAC stands for Special Education Parent Advisory Council and is comprised of individuals involved in, or concerned with, the education of students with disabilities. Membership is open to parents of students with disabilities, teachers, administrators, individuals with disabilities, and members of the community.

Why you may want to become involved with SEPAC:

—if your child requires any form of specialized instruction

—if you need an ally in your quest to provide your child with what he/she needs

Maybe your child has difficulty making friends, loses focus easily, has physical challenges, or is developmentally delayed. There are countless reasons why a student might need specialized instruction in reading, writing, social skills, speech and physical education, for example. In turn, parents may feel powerless, isolated, confused, surprised or overwhelmed. If your child has a special need, we want to reassure you that you are not alone and that many of us have felt or still feel those same emotions.

Our children collectively face a set of unique challenges, some mild, some severe: Autism Spectrum Disorder, Dyslexia, Auditory/Sensory Processing Disorders, Visual Impairments, Attention Deficits, Hyperactivity, Down's Syndrome, 2e, Asperger's, Emotional dysfunction. Whatever you are experiencing as a family, we are here for you if you need an ear, recommendations, guidance, or a good laugh.

Please consider coming to one of our monthly parent support groups; held on the first Monday of every month at the Hopkinton Public Library at 6 p.m., or our monthly SEPAC meetings (dates/times announced on our website & FB page) with the administration.

Please visit our website, www.hopkinton-sepac.org, ask one of the school team chairs, or reach out to us directly. We are eager to befriend and support you and to help your children flourish.

Sincerely,

Your SEPAC Board--Meg, Brenda, Andrea C., Andrea K., Nicole, Chris, Manya, Stacy and Heather
2018sepacfriends@gmail.com



Hopkinton SEPAC

Special Education Parent Advisory Council

Resources

Helpful Facebook pages that are available to Hopkinton Families are:

SEPAC of Hopkinton

Hopkinton Autism and Special Needs Parent Connection

Hopkinton MA Special Education Parent Resource Page

Hopkinton Learning Disability and Attention Issues Parent Support Group

Hopkinton Diversity and Cultural Alliance

SEPAC Parent liaisons:

Early Intervention: Nicole Gonzalez - ngandia@gmail.com

Center/Marathon School: Brenda Raia - brenraia@yahoo.com

Elmwood School: Andrea Chesmore - andrea@chesmore.net

Hopkins School: Andrea Krammes - andio176@gmail.com

Middle/High School: Chis Hagberg - chris@yellowmaple.com

General Contact: Meg Tyler - megbtyler@gmail.com

Parents ♥ supporting ♥ parents